HOW TO BECOME AN ECO-FRIENDLY TRAVELLER

Renting a furnished holiday apartment ? You can do your bit to save the planet !

I don't waste heating or hot water !)))

The ideal room temperature is 19°C. If it is too hot, I turn down the heating before opening the windows.

5 minutes is plenty if you just want to air the room, without making it too cold .

I close the curtains at night.
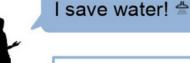
I follow the user manual for the thermostat.

I save electricity!

I always switch off audio-visual devices as they use as much energy on standby as they do when switched on.

When I leave a room, I turn off the light and remember to turn off the multi-sockets

I choose the most economical setting on household appliances.

I save water!

Running the tap for 3 minutes is 18L of drinking water down the drain.

There is no need to rinse things before putting them in the dishwasher.

I have a shower, rather than a bath. I turn off the tap when I wash my hands or teeth.

I sort my rubbish!

I buy products with minimal packaging.

In the town and countryside, I put my rubbish in the appropriate bin.

I follow the recycling regulations.

I adapt my culture !

I respect local customs.

I share my experience with those around me.

I buy local and contribute to the local economy (markets, regional products…).

But above all, I HAVE FUN !!!